



# Autism doesn't have to be puzzling

The Autism Spectrum Disorders (ASD) Program helps support you and your child

To learn more, call the ASD Program team at 1-844-269-0538.

Anthem Blue Cross and Blue Shield (Anthem) is presenting a new program to help families touched by ASD. It's called the Autism Spectrum Disorders Program. When a child falls somewhere on the Autism Spectrum, families need all the support they can get. The ASD Program focuses on the entire family, creating a strong system of care. This innovative program strives to strengthen the family unit, making it easier for families to understand and utilize available care. Better outcomes, more effective use of benefits, and healthier families is our collective goal. As a parent, you want to make the best choice for your child. Anthem's Autism Spectrum Disorders Program can guide your family through the system. The program includes:

## Community resources and family support

The ASD Team facilitates your connection to the knowledge and resources that will help build a strong foundation of care and support for your entire family. Referrals and education are tailored to meet your family's needs and concerns. Ongoing support is provided to help overcome obstacles and integrate new services and supports into your family's lifestyle and health goals.

## Coordination of care

ASD case managers guide you in navigating the complex health care system and addressing the unique challenges of your situation. A customized Care Plan helps to identify available services, secure access to care that may be missing and facilitates collaboration between your treatment providers.



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